

**Power of Prevention® 5k Fun Run  
Participant Results**

**Women's Division I: 35 and under**

Place	Name	Bib No	Age	Overall	Chip Time	Gun Time	Diff	Time Back	Pace
1	Christine Twining	160	33	5	21:43.1	21:45.3	0:02.2		7:00/M
2	Stephanie Gonzalez	120	28	6	22:23.7	22:25.5	0:01.8	0:40.6	7:13/M
3	Charissa Higdon	252	25	10	22:56.2	22:57.8	0:01.6	1:13.1	7:24/M
4	Gina Jones	254	29	11	23:25.7	23:28.3	0:02.6	1:42.6	7:33/M
5	Alana Gabriel	266	30	27	27:21.9	27:39.7	0:17.8	5:38.8	8:49/M
6	Jazmin Williamson	265	23	28	27:24.0	27:40.9	0:16.9	5:40.9	8:50/M
7	Maria Cho	264	25	32	27:58.6	28:15.5	0:16.9	6:15.5	9:01/M
8	Julie Hallanger Johnson	67	35	40	30:02.0	30:07.3	0:05.2	8:18.9	9:41/M
9	Sonia Anathakkrishnan	103	33	42	30:34.7	30:49.9	0:15.2	8:51.6	9:52/M
10	Kristin Schuller	206	29	62	34:22.8	34:38.8	0:16.0	12:39.7	11:05/M
11	Rebecca Brown	26	30	63	34:24.1	34:41.2	0:17.1	12:41.0	11:06/M
12	Lisa Strickland	214	35	68	36:17.3	36:38.5	0:21.2	14:34.2	11:42/M
13	Susan Wang	230	35	72	36:31.9	36:34.5	0:02.6	14:48.8	11:47/M
14	Supha Lowery	290	32	80	37:55.2	38:00.9	0:05.7	16:12.1	12:14/M

15	Esther Lee	131	29	81	38:20.2	38:32.3	0:12.1	16:37.1	12:22/M
16	Nina Thampy	219	13	89	47:21.1	47:28.1	0:06.9	25:38.0	15:16/M

### Women's Division II: 36 to 50

Place	Name	Bib No	Age	Overall	Chip Time	Gun Time	Diff	Time Back	Pace
1	Amy Halseth	121	39	2	20:21.5	20:24.2	0:02.7		6:34/M
2	Lynn Peters	261	37	13	24:10.0	24:16.3	0:06.2	3:48.5	7:48/M
3	Edith St-Jean	213	40	24	26:53.3	27:04.6	0:11.3	6:31.8	8:40/M
4	Una Chuku	300	45	30	27:45.4	27:49.5	0:04.1	7:23.8	8:57/M
5	Naaznin Lokhandwa	150	39	39	30:01.2	30:03.9	0:02.7	9:39.6	9:41/M
6	Robin Davis	35	39	47	31:38.0	31:45.0	0:07.0	11:16.4	10:12/M
7	Maryann Mugo	87	38	48	31:43.3	31:56.3	0:13.0	11:21.7	10:14/M
8	Claudia Villate	228	45	54	32:43.7	32:59.7	0:16.0	12:22.2	10:33/M
9	KC Arnold	104	47	56	33:43.8	33:57.5	0:13.6	13:22.3	10:53/M
10	Michelle Dixon	291	-	60	34:02.9	34:07.2	0:04.2		10:59/M
11	Vanessa Herrera	53	37	65	34:54.1	35:03.8	0:09.7	14:32.5	11:15/M
12	Beth Rizk	202	44	78	37:48.0	37:53.3	0:05.2	17:26.5	12:12/M
13	Elizabeth Holt	59	49	87	46:12.3	46:25.3	0:13.0	25:50.7	14:54/M

14	Amina Abu-Bakare	32	50	88	47:00.0	47:13.3	0:13.3	26:38.4	15:10/M
15	Tessie Truitt	285	50	92	49:27.9	49:39.2	0:11.3	29:06.4	15:57/M
16	Jennifer Duick	38	42	98	49:59.3	50:15.8	0:16.5	29:37.8	16:07/M

### Women's Division III: 51 +

Place	Name	Bib No	Age	Overall	Chip Time	Gun Time	Diff	Time Back	Pace
1	Etie Moghissi	276	58	55	32:47.7	32:47.7			10:35/M
2	Mercedes Gonzalez	256	58	57	33:49.3	33:51.5	0:02.2	1:01.6	10:55/M
3	Jennal Johnson	66	51	64	34:40.0	34:48.8	0:08.8	1:52.3	11:11/M
4	Helen Fogarty	62	59	66	35:16.2	35:24.4	0:08.1	2:28.5	11:23/M
5	Wlatka Peric-Knowlton	93	52	85	44:21.1	44:32.0	0:10.9	11:33.4	14:18/M
6	Sandra Jackson	65	55	90	47:46.1	48:00.7	0:14.5	14:58.4	15:25/M
7	Miriam Allende-Vigo	4	57	99	51:03.0	51:17.5	0:14.5	18:15.3	16:28/M
8	Myrna Ramos	99	53	100	51:04.1	51:18.0	0:13.9	18:16.4	16:28/M
9	Abiola Oduwole	159	51	101	51:11.1	51:14.7	0:03.6	18:23.4	16:31/M
10	Stephani Lucas	165	61	102	51:15.3	51:21.1	0:05.7	18:27.6	16:32/M
11	Rhoda Cobin	155	63	103	51:43.8	52:00.0	0:16.2	18:56.1	16:41/M
12	Baishali Mallik	81	52	106	54:26.6	54:30.9	0:04.2	21:38.9	17:34/M

13	Bina Thampy	212	46	107	56:22.1	56:27.0	0:04.9	35:30.1	18:11/M
14	Susan Bergman	16	62	110	58:36.8	58:51.9	0:15.1	25:49.1	18:54/M

### Men's Division I: 35 and under

Place	Name	Bib No	Age	Overall	Chip Time	Gun Time	Diff	Time Back	Pace
1	Aguilar Abner	164	26	1	17:22.5	17:26.7	0:04.2		5:36/M
2	Patrick Hungerford	60	34	4	21:23.6	21:26.0	0:02.4	4:01.1	6:54/M
3	Leo Tchong	217	35	9	22:47.2	23:01.5	0:14.2	5:24.7	7:21/M
4	Peter Emerson	41	34	25	26:55.0	27:03.5	0:08.5	9:32.5	8:41/M
5	Bryan Campbell	27	34	35	29:31.4	29:41.3	0:09.9	12:08.9	9:31/M
6	Mike Galitz	42	0	36	29:44.9	30:00.3	0:15.4	12:22.4	9:35/M
7	Dinushka Wimalawansa	235	20	67	35:44.8	35:47.6	0:02.8	18:22.3	11:32/M
8	Fadi Nabhan	88	34	74	36:43.1	36:53.3	0:10.2	19:20.6	11:51/M
9	Steve Fordan	43	32	84	42:18.3	42:30.2	0:11.9	24:55.8	13:39/M

### Men's Division II: 36 to 50

Place	Name	Bib No	Age	Overall	Chip Time	Gun Time	Diff	Time Back	Pace
1	Rubens Tofolo, Jr.	220	39	3	20:52.0	20:52.0			6:44/M
2	Sherwin D'Souza	33	36	8	22:27.2	22:29.5	0:02.2	1:35.2	7:15/M

3	Randall Riche	100	50	12	23:52.0	23:58.3	0:06.3	3:00.0	7:42/M
4	Ned Brophy	24	37	14	24:11.3	24:18.0	0:06.7	3:19.3	7:48/M
5	Eric Gubera	158	37	19	25:32.8	25:35.9	0:03.1	4:40.8	8:14/M
6	Jay Dunigan	70	46	20	26:06.8	26:25.3	0:18.5	5:14.8	8:25/M
7	Ken McCartney	84	99	21	26:27.0	26:44.9	0:17.9		8:32/M
8	Chris Bajaj	107	36	26	27:08.8	27:11.8	0:03.0	6:16.8	8:45/M
9	Israel Orija	251	43	29	27:24.6	27:27.5	0:02.9	6:32.6	8:50/M
10	Nitin Mayur	83	48	33	28:56.8	29:00.0	0:03.2	8:04.8	9:20/M
11	Joel Mabalot	79	40	38	29:53.0	29:57.0	0:03.9	9:01.0	9:38/M
12	Todd Hobbs	258	39	41	30:26.6	30:45.6	0:19.0	9:34.6	9:49/M
13	John Chege	28	39	46	31:31.6	31:45.4	0:13.8	10:39.6	10:10/M
14	Woody Sistrunk	209	40	49	31:47.5	31:59.9	0:12.4	10:55.5	10:15/M
15	Jayant Dey	36	39	50	31:54.8	31:58.2	0:03.3	11:02.8	10:17/M
16	Felipe Niros	153	46	51	32:01.3	32:18.2	0:16.9	11:09.3	10:20/M
17	Hong Soag	45	39	52	32:17.5	32:36.2	0:18.7	11:25.5	10:25/M
18	Dayal Davis Raja	97	36	53	32:38.4	32:41.6	0:03.1	11:46.4	10:32/M
19	Mark True	223	39	70	36:26.2	36:46.6	0:20.4	15:34.2	11:45/M

20	Sathya Jyothinagaran	157	49	73	36:33.5	36:52.7	0:19.2	15:41.5	11:47/M
21	Jonathan Smedley	154	50	77	37:26.5	37:34.3	0:07.7	16:34.5	12:05/M
22	Sake Kazeem	47	48	79	37:51.7	37:55.9	0:04.2	16:59.7	12:13/M
23	Juan Lizarzaburu	279	40	82	39:56.2	40:14.4	0:18.2	19:04.2	12:53/M
24	Kaushik Pandit	91	44	83	41:53.1	41:56.6	0:03.5	21:01.1	13:31/M
25	I. Gusti Adhiartha	101	45	94	49:45.9	49:53.8	0:07.8	28:53.9	16:03/M
26	Ramma Gossain	260	50	105	52:08.7	52:11.7	0:03.0	31:16.7	16:49/M
27	J. Michael Gonzalez-Campoy	48	49	109	58:33.4	58:53.3	0:19.9	37:41.4	18:53/M

### Men's Division III: 51 +

Place	Name	Bib No	Age	Overall	Chip Time	Gun Time	Diff	Time Back	Pace
1	Michael Humphrey	286	55	7	22:24.5	22:27.6	0:03.1		7:14/M
2	Fernando Costa	156	53	15	24:19.0	24:37.0	0:17.9	1:54.5	7:51/M
3	Jurgen Merke	85	61	16	24:46.1	24:47.8	0:01.7	2:21.5	7:59/M
4	Steve Woodworth	236	56	17	25:01.0	25:05.6	0:04.6	2:36.5	8:04/M
5	Steve Cavanah	162	54	18	25:09.8	25:15.6	0:05.8	2:45.3	8:07/M
6	Chris Guerin	50	55	22	26:29.0	26:33.1	0:04.1	4:04.4	8:33/M
7	Victor Perkel	94	55	23	26:29.5	26:33.3	0:03.8	4:04.9	8:33/M

8	Jeff Jackson	63	53	31	27:49.7	27:54.9	0:05.2	5:25.1	8:58/M
9	George Grunberger	49	58	34	29:14.4	29:22.9	0:08.4	6:49.9	9:26/M
10	Abdallah Dlewati	37	51	37	29:52.8	29:52.8		7:28.2	9:38/M
11	Stanley Von Hofe	229	64	43	31:09.1	31:15.5	0:06.4	8:44.5	10:03/M
12	Daniel Hurley	123	55	44	31:20.1	31:33.9	0:13.8	8:55.6	10:06/M
13	R. Mack Harrell	122	56	45	31:25.8	31:34.0	0:08.2	9:01.2	10:08/M
14	Ghyass Rizk	201	51	58	33:56.6	34:01.8	0:05.2	11:32.1	10:57/M
15	Dennis Krauss	250	61	59	34:01.8	34:14.9	0:13.1	11:37.2	10:58/M
16	Donald Bergman	15	63	61	34:03.6	34:12.9	0:09.2	11:39.1	10:59/M
17	Lawrence Blonde	109	65	69	36:24.8	36:34.9	0:10.1	14:00.2	11:45/M
18	Roger Piepenbrink	95	55	71	36:26.6	36:48.2	0:21.6	14:02.0	11:45/M
19	N Chandramohan	242	66	75	36:46.8	36:54.1	0:07.2	14:22.3	11:52/M
20	Robert Dons	231	-	76	36:52.9	37:03.3	0:10.4	19:30.4	11:54/M
21	Leroy Jackson	64	57	86	45:27.4	45:42.2	0:14.8	23:02.8	14:40/M
22	Faramarz Ismail-Beigi	124	68	91	48:00.0	48:08.9	0:08.9	25:35.5	15:29/M
23	Terry Truitt	284	52	93	49:28.5	49:39.2	0:10.7	27:03.9	15:57/M
24	Francis Baco	161	51	95	49:47.0	50:02.7	0:15.7	27:22.4	16:04/M

25	Jonathan Leffert	132	-	96	49:50.2	50:02.0	0:11.8	23:23.2	16:05/M
26	John Seibel	207	67	97	49:51.1	50:01.8	0:10.7	27:26.5	16:05/M
27	Asiri Abu-Bakare	39	67	104	52:04.1	52:17.0	0:12.8	29:39.6	16:48/M
28	George Thampy	218	57	108	57:14.1	57:19.5	0:05.4	34:49.5	18:28/M
29	Tilak Mallik	80	61	111	58:48.9	58:52.9	0:03.9	36:24.4	18:58/M